CLAIMS:

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- 1. A method for the treatment of inflammatory bowel disease comprising administering to a mammal suffering from inflammatory bowel disease a composition comprising an anti-VLA-4 antibody.
- 2. The method of Claim 1, wherein the anti- VLA-4 antibody composition is administered intravenously.
- 3. The method of Claim 1, wherein the anti- VLA-4 antibody is selected from the group consisting of HP1/2, HP2/1, HP2/4, L25, and P4C2.
 - 4. The method of Claim 1, wherein the anti- VLA-4 antibody is HP1/2, or a fragment thereof capable of binding to VLA-4.
- 5. The method of Claim 1, wherein the
 composition is administered at a dosage so as to provide
 from 0.05 to 5.0 mg/kg of antibody, based on the weight of
 the inflammatory bowel disease sufferer.
- 6. The method of Claim 5, wherein the composition is administered at a dosage so as to provide 0.5 to 2.0 mg/kg of antibody, based on the weight of the inflammatory bowel disease sufferer.
 - 7. The method according to Claim 1, wherein the composition is administered in an amount effective to provide a plasma level of antibody in the mammal of 10-15 μ g/ml.
 - 8. The method according to Claim 1, wherein \tag{ the mammal is a human.
 - 9. The method of Claim 8, wherein the mammal suffers from ulcerative colitis.
- 30 10. The method of Claim 8, wherein the mammal suffers from Crohn's Disease.

- 11. The method of Claim 1, wherein the composition is administered during an acute flareup of the inflammatory bowel disease.
- bowel disease comprising administering to a mammal suffering from inflammatory bowel disease an antibody, a recombinant antibody, a chimeric antibody, fragments of such antibodies, a polypeptide or a small molecule capable of binding to the α_4 subunit of VLA-4, or combinations of any of the foregoing, in an amount effective to provide relief to said mammal.

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- 13. The method of Claim 12, wherein the antibody, polypeptide or molecule is selected from monoclonal antibody HP1/2; Fab, Fab', F(ab')₂ or F(v)

 15 fragments of such antibody; soluble VCAM-1 polypeptides; or small molecules that bind to the VCAM-1-binding domain of VLA-4.
 - 14. The method of Claim 12, wherein the composition comprises a plurality of anti-VLA-4 monoclonal antibodies or VLA-4-binding fragments thereof.
 - composition includes, in addition to anti-VLA-4, an anti-ELAM-1 antibody, an anti-ICAM-1 antibody, an anti-UCAM-1 antibody, an anti-CDX antibody, an anti-LFA-1 antibody, an anti-CD18 antibody or combinations of any such antibodies.
 - 16. The method of Claim 12, wherein the anti-VLA-4 antibody is HP1/2, or a fragment thereof capable of binding to VLA-4.

- 17. The method of Claim 12, wherein the composition is administered at a dosage so as to provide from 0.05 to 5.0 mg/kg of antibody, antibody fragment, polypeptide or small molecule, based on the weight of the inflammatory bowel disease sufferer.
- 18. The method of Claim 17, wherein the composition is administered at a dosage so as to provide 0.5 to 2.0 mg/kg of antibody, antibody fragment, polypeptide or small molecule, based on the weight of the inflammatory bowel disease sufferer.
- 19. The method according to Claim 12, wherein the composition is administered in an amount effective to provide a plasma level of antibody in the mammal of 10-15 μ g/ml.
- 20. A pharmaceutical composition for the treatment of inflammatory bowel disease consisting essentially of a monoclonal antibody recognizing VLA-4 in a pharmaceutically acceptable carrier.
- 21. A method for the treatment of inflammatory bowel disease comprising administering to a mammal suffering from inflammatory bowel disease a composition comprising anti-VLA-4 antibody HP1/2 or a fragment thereof capable of binding to VLA-4.